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Lava Ombre Soap

Cheat Sheet





Letter From Katie

Hey Earthie!

Looking for another fun way to use your essential oils? Then you will love using them to make your own soap. Store bought soaps are often made with questionable ingredients. When we make our own soap, we can be confident that what we are using is safe.

I'm Katie, a certified aromatherapist, co-founder of Simply Earth, and I get to be your guide to making melt & pour soap using essential oils with confidence and clarity.

Making your own soap is so much fun. This cheat sheet is a guide to making our Lava Ombre Soap, inspired by tropical sunsets and our Lava Essential Oil Blend. With this cheat sheet you'll learn about the ingredients you're using and my best tips for making your recipe a success!

Let's get started!

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What is Melt & Pour Soap?

Melt & pour soap is a soap base. It can be used as is, or it can be melted and mixed with other ingredients. You melt it, mix it with the ingredients you want, pour it, and let it cool.

Soaps are made by combining oils and fats with a strong alkaline solution (also known as lye). Melt & pour soap has already gone through this process. It's already soap. Using melt & pour soap is an easy way to customize your own soap creations without going through the extra chemical process involved when using a harsh ingredient like lye.

That's why many people will call working with melt & pour soap, "soap crafting". You're not technically making the soap, you're customizing already made soap to make it amazing.

Ingredients for Lava Ombre Soap Recipe

Here's what you'll need to make our Lava Ombre Melt & Pour Soap Recipe:

From Simply Earth

6 Cavity Soap Mold

- Creates our soap bar shape.

Melt & Pour Soap Base

- For this recipe, we'll be using both glycerin soap base and shea butter soap base. Glycerin soap will create vibrant colors and shea butter will create our white base.

Mica Powder

- Mica powder colors the soap to create our ombre layer.
- We'll use Simply Earth's Tiger Orange, Fuchsia, and Yellow Gold micas.

Lava Essential Oils Blend

- Uplifting and energizing blend perfect for this tropical sunset themed soap!

From Home

Isopropyl Alcohol (in a spray bottle)

- Prevents bubbles from forming on the soap.
- Helps bind our soap layers together.

2 small books

- Will help us create diagonal layers for our design.

Tips for Making Lava Ombre Soap

Melting The Soap

One of the first steps to this recipe is cutting your soap into 1 inch cubes. This helps the soap melt more evenly. It's easy to overheat soap, so we want to avoid big chunks of soap that will take longer to melt compared to smaller chunks in the same bowl.

You can melt soap on the stove using a double boiler, just the pot, or in a liquid measuring cup in the microwave. Using the stove takes a bit longer, but it will make it easier to control the temperature of your soap. Using a microwave will be faster, but microwaves don't heat things evenly. To melt soap in the microwave, you'll need to use 5-10 second intervals and stir between each interval.

You want your soap to melt, but not bubble up. Soap that is boiling has been overheated. It will still function as soap, but will affect the look of your design. The soap bar will be harder and more brittle.

If you're using a microwave, watch the soap closely as it can easily overheat and bubble. When first starting with melt & pour soap, I recommend melting it on the stove, so that you have more control over how it's melting.

Soap Layers

For this recipe, we will be creating layers of soap. Between each layer of soap, you must spray it with isopropyl alcohol, otherwise the layers will fall apart.

We will be using a book to tilt our mold to create a fun design. You'll want your book to be on the thinner side so that your layers aren't too big.

As you're layering soap, you'll want to be mindful of the temperatures of your soap layers. You need to make sure the soap layer you have just poured is set enough to hold the layer above it.

You'll know the layer is set enough if you can touch it gently with your finger without the layer cracking or denting.

You'll also need to make sure the layer of soap isn't too hot, otherwise it will melt your previous layer and you won't end up with clear defined layers of soap.

The soap you are about to pour should be between 125-135 ° F. If you don't have a thermometer at home to check the temperature, look for a skin layer of soap on top of your soap. This will indicate the soap is cool enough to be poured.

Mica Powder

For this recipe, we are using three different colored mica powders to color the soap. You can swap the colors out for any that you'd prefer. You can also use more or less color depending on your preference.

When you first add the mica powder to the soap, it will be a little bit clumpy. You can prevent this by dispersing the mica powder in a small amount rubbing alcohol before adding it to the soap. You can also remove clumps by stirring. I prefer mixing the mica powder with rubbing alcohol beforehand.

Glycerin Soap

Out of the box, Simply Earth glycerin soap will be cloudy and white. However, once you melt it, it will become clear.

Rubbing Alcohol

Rubbing alcohol is an important ingredient for melt & pour soap. Spraying it over layers of soap will prevent air bubbles and help bind layers of soap together.

Lava Essential Oil Blend

This blend of essential oils has a natural orange tint. Because of that, it will add additional color to the soap base.

Reuse Melt & Pour Soap

If you end up with too much soap for your recipe, you can pour the extra soap into a soap mold. This can be remelted and used in later melt & pour soap recipes.

If you have too little soap, simply cut and melt more soap.

Lava Ombre Soap Recipe

Ingredients

From Simply Earth

- 6 Cavity Soap Mold
- 2 lb Shea Butter Soap Base
- 2 lb Glycerin Melt & Pour Soap Base
- Fuchsia Mica Powder
- Tiger Orange Mica Powder
- Yellow Gold Mica Powder
- Lava Essential Oil Blend

From Your Home

- Isopropyl Alcohol (in a spray bottle)
- 2 small books



1. Place two books under each side of your mold so that it creates a slight v shape (3 cavities halfway onto one book and 3 cavities halfway onto the other).
2. Cut your glycerin soap in half. Take one half and cut that in half so you end up with $\frac{1}{4}$ of the soap block. Cut this $\frac{1}{4}$ into 1 inch cubes. Store the rest of the soap for future use.
3. Divide your cut up soap into three portions.
4. Take one portion of soap and melt it.
5. Add a dash of fuchsia mica powder along with 10 drops Lava Essential Oil Blend and stir.
6. Pour a small amount of soap into each cavity of the soap mold. Allow it to set.
7. Take another portion of your soap and melt it. Add a dash of tiger orange mica powder along with 10 drops of Lava Essential Oil Blend and stir.
8. Spritz the pink layer of soap with isopropyl alcohol, then pour the orange soap over the pink layer.
9. Take your remaining glycerin soap and melt it. Add a dash of yellow gold mica powder and 10 drops Lava Essential Oil Blend and stir.
10. Once the orange soap has set, remove the books from beneath the mold. Spritz it with isopropyl alcohol and add the yellow soap over the orange layer.
11. While the yellow layer sets, take your shea butter soap base and cut it in half. You will be using about half of the soap base for this recipe. Store the rest for later use.
12. Cut the soap into 1 inch cubes and melt. Add 10 drops of Lava Essential Oil Blend and stir.
13. Spritz the yellow soap layer with isopropyl alcohol. Fill each soap cavity the rest of the way with the shea butter soap base. Spritz the soap with isopropyl alcohol to prevent bubbles.
14. Once the soap has set, remove it from the mold and enjoy!



Essential Oils Made Simple

The secret to mastering essential oils is knowing what information to trust.

You shouldn't have to waste your time searching the internet for what to do with essential oils and still feel confused.

Using essential oils should be fun and exciting. You should know that you are using them safely for yourself, your friends, and family.

That's why I created the Simply Earth Essential Oil Recipe Box.

Master Essential Oils in 3 Easy Steps!

The Essential Oil Recipe Box will give you all the ingredients you need, and we'll teach you step by step how to make your own products!



STEP 1

Get the Only Box With 4 Oils and 6 Recipes



STEP 2

Learn How to Use Your Essential Oils



STEP 3

Ditch the Toxins and Use the Products You Made



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